



PHONE

202-861-6623

EMAIL

dell@groom.com

EDUCATION

University of Connecticut School of Law

JD, magna cum laude

University of Maryland

MS

Massachusetts Institute of Technology

BS

ADMISSIONS

District of Columbia

U.S. Supreme Court

U.S. Court of Appeals Fifth Circuit

U.S. Court of Appeals Eighth Circuit

U.S. Court of Appeals Ninth Circuit

Douglas W. Ell

Principal

Doug enjoys solving problems relating to employee benefits, and his willingness to tackle the field's most difficult challenges has led to many achievements; for example, drafting the first 401(k) plan in professional sports.

In recent years, his practice has focused on representing prominent multiemployer retirement and health plans on a variety of issues, including plan design, legislation, fiduciary liability, disability claims processing, Department of Labor and IRS audits, and compliance. As a litigator he has represented clients successfully, persuading Congress to make important changes in employee benefits laws.

Douglas W. Ell joined Groom in 1982, and became a Principal in 1986.

HONORS & DISTINCTIONS

Listed, *The Best Lawyers in America*, Employee Benefits (ERISA) Law (1995-2025)

Listed, *Super Lawyers*, Employee Benefits (2008-2021)

Washingtonian's Best Lawyers in D.C.

We are the best benefits firm in the country, we have the greatest depth and expertise, and we work hard for our clients.